

We've partnered with Mentaya, a service that streamlines getting reimbursed for your therapy sessions through out-of-network benefits.

Mentaya is perfect if you:

- Have out-of-network benefits
- Feel overwhelmed by superbills and insurance
- Have submitted superbills but failed to get any reimbursement
- Simply want to skip the hassle of paperwork!

Here's how it works:

1. Sign up for Mentaya: <https://mentaya.co/inviteclient/URPvg1kVRUWpxzsJzLAh>
2. Our practice will enter your sessions into the platform.
3. Mentaya submits the claim and handles any insurance follow-up.
4. You get reimbursed by insurance!

Mentaya charges a 5% fee per claim, which includes handling any paperwork required, dealing with denials, and calling insurance companies.

It's risk-free: They guarantee claims are successfully submitted, or a full refund of their fees.